



“Joy in Serving” was the theme of the 37th convention of Iowa District West held June 21-24 at Camp Okoboji in Milford, Iowa. The theme was based on Phil. 2:2—“Complete My Joy.”

**A message of hope!** The Lutheran Church—Missouri Synod President Dr. Gerald B. Kieschnick expressed the reason for our ministry and mission in his sermon at the opening service. Quoting a 13-year-old Lutheran school student who tragically ended her life, Kieschnick acknowledged that “life is just so overwhelming.” In the face of that message of hopelessness, Kieschnick spoke of our message of hope, as Paul puts it in Titus 3. We are challenged to bring the hope of the Gospel to the world—to those for whom life is so overwhelming.

**“Glad to be of service”**—Iowa District West President Rev. Paul Sieveking shared these words following his re-election to a fourth term as district president on the first ballot. Also elected was Rev. Steve Turner, Trinity, Algona, to first vice president, and Rev. Steve Schulz to second vice president. Turner moves up from second to first vice president, succeeding Rev. John Schauer who is retired and who did not seek another term.

**Resolutions of note:** (Selected convention overtures that passed.)

- Promote a “mission-outpost

attitude” throughout the district by encouraging all its professional church workers “to accept responsibility for encouraging and equipping [all laypeople] with the Word of God and the Lutheran Confessions, to be missionaries and witnesses sent out by that mission outpost (i.e., their congregations, schools, and other ministries); that each one of those outposts “develop at least one new mission outreach objective concentrating on connecting to the unchurched of its own community”; and that the district provide resources to help develop and sustain that attitude.

- Encourage increased financial support for missions, including that each Iowa West congregation “strive to work toward the tithe (10 percent) and beyond in giving for ‘work at-large.’”

- Provide increased financial support “through the District Endowment Fund and the flexibility that is present in our district budget” for congregations’ representatives to participate in rural ministry conferences and training events, recognizing that the majority of district congregations may be classified as “rural and small-town churches.”

- Re-affirm the sanctity of marriage as “a God-given institution between a man and a woman.” The resolution rejects “homosexual unions as contrary to the Word of God,” “living together outside of marriage because it does not give glory to God” and “dishonor[s] marriage,” and “all practices which would not keep the marriage bed pure.”

- Encourage district congregations “to support and participate in the ministry of Lutherans For Life, locally and nationally.” The pan-

Lutheran pro-life organization’s national office is in Nevada, Iowa—which is geographically within the LCMS Iowa District West.

- Provide for a system of application and implementation for financial aid for district students enrolled in non-church work vocations at a Concordia University. (Note: funds will not be available for two more years.)

- Prepare for emergency response in our district by offering regional training events that will serve to prepare volunteers to form Lutheran Early Response Teams (LERT) that can respond compassionately and appropriately in major crisis events.

- Support revitalization process for district congregations, “with the prayer that inactive members will be reconnected with the local congregation and the unchurched in the local community be reached with the good news of Jesus Christ.”

- Provide through the District Older Adult Ministry Committee resources/information helpful for congregations for this human care ministry.

- Encourage congregations, schools, and other ministries of the district to incorporate many acts of corporate Christian service into their annual ministry plans.

**“Like a mighty army, moves the church of God”**—Through a variety of on-site and off-site activities, convention delegates were able to experience “joy in serving.” From helping with the walking trail at Camp Okoboji, to preparing witness bracelets, and sorting religious material for fair booths, to laying sheetrock in a Habitat for Humanity project, participants stepped up to serve.

**“They’ll know we are Christians by our love”**—Based on

(Continued on Page H.)

# EDUCATION



Rev. Bob Riggert  
Executive Assistant

## **‘Joy in Serving’: a theme and a lifestyle**

For four days in June, I lived and breathed “Joy in Serving.” Those words were the theme for the 2009 Iowa District West Convention. It was a great theme. Delegates were challenged by essayist Dr. Joel Lehenbauer to serve in the name of Jesus in today’s culture.

LCMS President Gerald B. Kieschnick and Blue Ribbon Task Force Chairman Rev. Bob Green reminded us that the Synod serves congregations, and he invited us to explore how our serving together might look in the future.

Convention resolutions challenged us to serve in the mission outposts in the community and the mission fields around the world. Attendees were reminded that joy always come through Jesus. However, no matter how practical or inspirational it is, “Joy in Serving” is only a three-word theme.

On Thursday, June 25, the day after the convention, I had the honor of attending the funeral of Rev. Paul Sohn at St. Paul Lutheran Church, Ankeny. “Joy in Serving” suddenly became a lifestyle.

In 1981, I arrived in Iowa District West. While I had already served for a decade in ministry positions, St. Luke, Cylinder, was my first pastorate. I had the privilege of attending circuit meetings with wise and humble veterans like Wolfram, Brack, Meyer, Petersen, and Sohn.

They modeled pastoral ministry for me. The joy was in the serving!

Pastor Sohn demonstrated what it means to be a churchman. Only days before the convention, Sohn had fallen and broken several vertebrae. According to his pastor, Rev. Mark Baldwin, one of his messages was “Tell the district I won’t be able to attend the convention.” This 91-year-old servant still sought to connect with his district and Synod. During his ministry, Sohn served the district as chairman of the youth committee and on the Board of Directors. In retirement, he assisted for a time as district chaplain in the Des Moines area.

Sohn demonstrated what it means to bring balance to ministry. While serving large congregations in Paullina and Algona, he still tended to the needs of an ailing wife and seven children. Somehow, by God’s grace, his family and the church family both received his love and attention.

Professor, theologian, and author Dr. Leonard Sweet, in his new book *So Beautiful*, proposes that the church of today be missional, relational, and incarnational. Sohn and many of his contemporaries were missional, relational, and incarnational. They were supportive of the mission endeavors of their church and were missionaries to their community; they were relational as they personally connected with the people; and they were incarnational as the teachings and being of Jesus were lived out beyond the pulpit or classroom.

I left the funeral service just like I

left circuit conferences 28 years ago, praying that my heart and my service might be like that of Paul Sohn. From my perspective, he lived “Joy in Serving.”

*Rev. Bob Riggert  
Executive Assistant*



Rev. Paul Sohn

## **Joy in Serving YOUTH**

The Iowa District West Youth Services Committee and Gathering Committee join pastors, parents, and youth counselors in the joy in serving youth. One way to support youth and congregational youth ministry is to offer district youth gatherings. Congregations are encouraged to prayerfully, financially, and verbally support these fall 2009 district gatherings in downtown Des Moines:

■ “The King’s Keys” Junior Youth Gathering—Oct. 31-Nov. 1 at the Marriott Hotel;

■ “ImpACT” Youth Gathering—Nov. 27-29 at the Embassy Suites.

Registration information has been sent to all congregations and also is available on the district Web site or [www.idwyg.org](http://www.idwyg.org).

Registration for the July 17-21, 2010, “We Believe” National LCMS Youth Gathering opens **online Sept. 14**. Directors of Christian Education Cindy Storm and Amy Schmidt continue to be resources to congregations exploring this special opportunity. Youth will worship, learn, and serve in New Orleans.

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Rev. Mark Gerken  
Executive Assistant

## The 'mission kitchen'!

What's the purpose of your church building? To serve as a place where the congregation can gather for worship and other activities? To serve as a witness to the glory and majesty of God? Both of these are acceptable answers, but they don't give the whole picture.

What if we saw our church building as a tool for reaching the community?

At this summer's Iowa District West convention, time after time delegates and others who attended were challenged to see their community as the mission field in which God has placed them.

One tool we have at our disposal—which is often overlooked—is the building itself!

Rather than serving as a refuge in which Christians can retreat from the attacks of a sinful world, why not use it as a way to attack—as a way to bring Christ to individuals who are not yet members?

Pastor Max Phillips (newly elected chair of the district Mission Committee) and the members of Christ, Bouton, are doing exactly that. They are just about finished remodeling the former Flame

Lounge that now serves as their church home. The facility includes a rather spacious kitchen. In addition to providing opportunities for the traditional potlucks and after-worship fellowship, the members saw an opportunity to use the kitchen as a "sidedoor" to bring people into the church. Unchurched people might not be comfortable if you invite them into your sanctuary, but everyone's comfortable in the kitchen.

"God's brought some unique talents to our congregation, talents we can use to reach those who do not yet believe in Him," Pastor Phillips said.



The question became one of how could they use the God-given talents of their people and the facility with which they had been blessed to address some of the felt needs of those in the community?

"Especially in light of our economy, we felt God was providing an opportunity to lend a hand to those looking for help," Phillips said.

They've lined up several activities in the church's kitchen to which

members and non-members alike can come and be helped. One member, who owns a catering business, will demonstrate how to prepare basic and cost-efficient meals. The congregation sees this as a way to help them especially reach young families.

Everyone likes to decorate and prepare for Christmas. How about gingerbread houses? One member runs a business that ships gingerbread houses nationwide and will lead a class in the church kitchen for making such houses. Another member, who along with her unchurched sister operates a business making Christmas candies, has offered to lead an event so others can make their own Christmas candies.

"The kitchen's a pretty safe place," Phillips said, "that opens the door to some spiritual feeding on the Word of God."

What about your church building? Beyond worship and Bible class/Sunday school, how can it be used to help connect others with Christ?

Brainstorm, pray, and discuss, and then let me know what you're doing so I might share it with others to encourage them in bringing Christ into their communities.

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# MISSION SNAPSHOT



Vicar  
Brian  
Lee

## Joy in Serving—on campus

Although many in Iowa District West are aware of our ministry to students at Iowa State through Memorial, Ames, perhaps not as well known is the long-time partnership the district has enjoyed with Trinity, Des Moines, in serving the students at Drake University. Much of the oversight of that ministry is provided by Trinity's vicar, who this year is Vicar Brian Lee. Upon his return to complete his seminary education at St. Louis in August, Trinity's next vicar will arrive to pick up the baton.

The Lord has certainly blessed HIS mission on the Drake University campus this year. The campus ministry at Drake has a long history with Trinity Lutheran Church and Iowa District West. What makes this year different than all the rest are the students and their faith. This year Lutheran Student Fellowship at Drake has been blessed with active and energized members from almost every class.

The LSF students at Drake are not only actively living Christ-centered lives but they also are very mission-minded. These students are bringing friends with them to Bible

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studies and church whenever they can. After a year when LSF had only a couple members, by September the group had seven students volunteer to join IOWAY's mission trip to California!

With the significant growth we have experienced this year—and since we have been blessed to have students from a variety of programs and grades—LSF is now led entirely by the students.

Seven students volunteered to be student officers and peer ministers for next year. Rev. Mark Gerken, IDW mission executive, came and installed the students at Trinity and, let me tell you, the excitement was palpable! The students at Drake are truly living, doing, and being a church on campus. Praise be to God!

This mission to the Drake students is only what it is because of the grace, mercy, and love of our God. It is HIM working through the students, through the members of Trinity, and also through the support of Iowa District West. IDW has supported the Drake mission for many years, and the district support is truly a blessing!

Please keep Lutheran Student Fellowship and all the student members in your prayers as they work to spread the Gospel on campus.

## Deaf ministry leadership

Once again Iowa District West is providing leadership for the mission outreach of The Lutheran Church—Missouri Synod.

Pastor Dennis Konkel, missionary to the deaf for Iowa District West (IDW), has been appointed associate executive director of the Lutheran Deaf Mission Society for 2009-10. In this capacity, he will work closely with Executive Director Rodney Rynearson in serving as an advocate for deaf ministry in the LCMS and in assisting the 34 other districts in their outreach to the deaf.



Rev. Dennis  
Konkel

Please keep Pastor Konkel in your prayers as he assumes this position in addition to his primary responsibilities in IDW.

District Deaf Missionary  
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Gary  
Thies

### **A final gift from Missionary Chandy Clanton**

The story began a long, long time ago on a farm near Clarinda, Iowa. A young man by the name of Harry Barr grew up on his dad and mom's farm and had a great love to fly airplanes. That's how this story began.

What happened in the following years? Many people from southwest Iowa know—and everyone in the aviation industry knows—"the rest of the story."

Harry Barr and his wife, Barb, had a boy, J.B., and a daughter, Chandy. Chandy was the type of person that we love at Mission Central, because she was "not normal." She was a special person with a great love for her Lord Jesus, and wanted to bring her faith into action.

Chandy also became a "world class pilot" and even competed in the world competition in Spain a little over a year ago! Chandy was one of the best "Air Show Pilots" in the United States, performing amazing routines and programs across the country!

Chandy and her sons, Harrison and Drew, lived in Lincoln, Neb., and when they found out about Mission Central, they wanted to be a part of the "not normal" work that goes on here. They became interested in sending a new family to Thailand to tell those people in darkness about their Savior Jesus. Rev. Carl Kaye, Grace, and their

son, Nathanael, came to Mission Central and asked for prayer and financial support, as they were called by The Lutheran Church—



Missouri Synod Board for Mission Services.

Several weeks ago, the Clanton family came to Mission Central with a wonderful idea. They spent the entire day here, and we had fried chicken and "taters" and gravy that Maxine prepared. It was a special day because the Lord provided a special plan that had never been done before.

Chandy said, "I want to dedicate all of my airshows this year to Mission Central, and provide the support to help send the Kaye family to Thailand to tell those people in darkness about the Light of the World, Jesus, our Savior!" Chandy and the boys had their picture taken in our usual spot here at Mission Central with our "Boss" in the background. The plans were all finalized and the plane had the Mission Central logo. At each air show, Chandy, live from the cockpit



of the airplane was able to tell everyone about her faith in the Lord Jesus, and that she was flying that show for Mission Central, and the support of a special missionary family. What a missionary! What a message! And what a wonderful Christian witness!

Then at 2 p.m., on July 10, God called Chandy to our real home in heaven, as she was practicing a special program with her plane. Something went wrong with the plane, and our volunteer pilot, Chandy, who had flown old Missionary Gary to speaking engagements, flew into the arms of our Lord Jesus, who was waiting for her! She gave her life for the support of a missionary family. This was the last picture of Chandy, Harrison, and Drew standing in front of the special air show airplane. It has been so hard



for us at Mission Central, but we know that Chandy is with the Lord Jesus, and her flying mission is done here on earth, and now she is waiting for us, as we too will fly into the arms of our Lord Jesus!

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# IOWAY



Ellie Menz

## From the Heartland to the heart of LA

What words describe the youth and adults of Iowa District West who give two weeks of their summer to go to Los Angeles and serve God by reaching out to others?

Some give up many things to spend two



weeks volunteering their time and talents. The team of 27 was divided into five teams to work with five Lutheran churches in the Los Angeles area.

The first week was spent canvassing the church neighborhoods, planning the lessons and crafts for vacation Bible school (VBS), painting walls, painting a mural, cleaning rooms, helping set up a food distribution center for the church community, and doing a major landscaping project.

The first weekend

found us reaching out to people in the Watts area and on Skid Row in downtown Los Angeles. Previously, our mission teams went across the border to Tijuana, Mexico, to help Lutheran churches.



In the Watts area, led by Mr. Duncan, part of our group cleaned up a very neglected yard for a sweet lady, and part of the team headed down a street with 50 packed backpacks, witness bracelets, and scripture candy. It is called "The Projects" in Watts. We visited with people on the street and went to houses to share our gifts. We told them what we were doing and asked if we could pray with them. It was an eye-opening experience for our team. Many had never seen that level of poverty before.

After two hours of cleaning the yard and sharing, we went to a



local café for soul food. That was an interesting experience.

Refreshed, we were off to Skid Row. We had a caravan of five vehicles, each with a two-way radio, and the driving went smoothly—aside from two vans nearly getting hit by a city bus because the bus did not turn in the direction his turn signal indicated.

What is Skid Row? Skid Row, we are told, has a population of 7,000 to 8,000 at all times. People sit or walk with nowhere to go. None of us are able to put the experience into words. We are unable to find the words to describe the emotions of seeing children, pregnant women, teens, elders, and every aged person standing in line to receive a meal, a backpack, clothes, and a Bible.

After returning from Skid Row, during our devotional time, each team member tried to express their feelings. These, along with updates from our trip, are on the

IOWAY blog at <http://servinggodbyservingothers.blogspot.com/>. Check it out.

The second week was spent continuing to plan and conduct daily VBS classes at the five churches. Each night we shared POWS (bad things) and WOWS (good things) that happened that day. The excitement of the amazing Iowans as they shared



and served God was a continual blessing.

Thank you and God's blessings to all those individuals and congregations who prayed for and provided financial support to make this amazing mission trip possible.

Please invite team members to come to your church, LWML, LLL, or youth group meeting to share their experiences.

Contact Ellie Menz with questions or to schedule a time for her to share with your church group.

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Carole  
White

### St. Paul, Ankeny, leverages new family life center

St. Paul Lutheran Church in Ankeny received LCEF funding to complete its family life center last year. Since then, the congregation has made great use of the new space. The congregation added a Saturday night service and, most recently, hosted a vacation Bible school (VBS) attended by nearly 200 children. One-

third of those were visitors, and half of those did not list a church home.

"We have had a great opportunity for evangelism; it has been a lot of fun!" said St. Paul Director of Christian Education Amy Schmidt. Staff follows up with each visiting family after VBS wraps up.

This year, St. Paul used the CPH curriculum, "Gadget's Garage" for VBS. It was a hit! The children learned that Jesus is the

ultimate inventor, the great engineer, designer, and builder. He makes life new!

Nearly 80 St. Paul members volunteered countless hours to help make the week a reality. Each church committee created a robot and everyone pulled together to decorate, make crafts, serve food, and donate supplies. There were even donations from the community. Surrounding LCMS con-

gregations were invited to help tear down at the end of the week and were encouraged to take the decorations to re-use for their own VBS programs.

If you have questions regarding investing in the Lutheran Church Extension Fund (LCEF) to support LCMS ministries, or your congregation needs funding, please contact LCEF Vice President Carole White toll-free at 877-439-5233 or [carole.white@lcef.org](mailto:carole.white@lcef.org).



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## PARISH NURSE

Dear Brothers and Sisters in Christ,

September is **National Cholesterol Education Month** (<http://hp2010.nhlbi.nih.net/cholmonth>) and **Healthy Aging Month** (<http://nccam.nih.gov/news/thismonth/sept08.htm>). Both Web sites recommend Omega-3 and Omega-6 fatty acids in heart-healthy eating. These essential fats can't be produced by the body so must be obtained from food. Omega-3 fatty acids are important in heart and brain function. Studies also showed decreased triglycerides, lowered blood pressure, a decrease in the growth rate of atherosclerotic plaque (which blocks blood flow in arteries), and decreased incidence of heart arrhythmias. Omega-3 can be found in tuna, mackerel, salmon, tofu, soybeans, walnuts, and flaxseed. Limit the mercury in tuna by choosing chunk light tuna instead of albacore, which has more mercury. Eating fish twice a week is recommended.

Studies with diets that include Omega-6 fatty acids have shown decreased blood cholesterol levels, improved insulin resistance, reduced diabetes risk, and lowered blood pressure. Good sources of Omega-6 include whole wheat bread, chicken, and vegetable oils that include safflower, sunflower, soybean, and corn oils.

More information on healthy fats in your diet can be obtained from either Web site listed above as well as the American Heart Association ([www.americanheart.org](http://www.americanheart.org)) and American Dietetic Association ([www.eatright.org](http://www.eatright.org)) Web sites. Your health care provider and local hospital dietitian also can help you set up a healthy diet that is right for you.

May God bless our health and the health of our loved ones.

*In His Service,  
Darlene Rueter, RN  
Iowa District West Parish Nurse Representative*

# CELEBRATIONS

## CONVENTION REPORT

(Continued from Page A.)

Peter's first Epistle, Dr. Joel Lehenbauer, executive director for the Synod's Commission on Theology and Church Relations and the essayist for the convention, challenged delegates to experience the tension of being both culture critical and culture friendly, and culture transcendent and culture transforming.

**"BRTFSSG"**—Rev. Bob Greene, chairman of the Blue Ribbon Task Force on Synod Structure and Governance, presented a report to the convention delegates concerning potential future changes for our church.

The goals for consideration are:

1) to assist congregations in mission and ministries—enhancing the mission; and

2) that of stewardship—Synod needs to be more efficient in its operating costs.

To learn more about the content of this report, go to The Lutheran Church—Missouri Synod Web site: [www.lcms.org](http://www.lcms.org) and click on the box "Walking Together Task Force on Synod Structure and Governance." There, you will find a number of items, including the current District Convention Report and Handout, and frequently asked questions (FAQs), as well as a link to

contact the task force and provide feedback. The national LCMS Convention in 2010 will take up this report as part of its business.

Many "Mission Moments" were shared by various individuals involved in ministry, including Pastor Henry Witte, missionary to Hispanic people in Siouxland, and Pastor Dennis Konkell, Lutheran Deaf Ministries, who updated delegates on their work in the district.

In addition, Dr. Arthur Porter shared a report on the Nehemiah Project in Los Angeles, supported by Iowa District West.

Ellie Menz, IOWAY director, shared the many ways that Individual Outreach With Youth and Adults is taking place.

Gary Thies, mission development counselor for Iowa District West these past 15 years, shared the work of his 47 volunteers at Mission Central in Mapleton in support of world missions.

Jim Schroeder, planned giving counselor for the district these past 20-plus years, spoke of the importance of having a Christian preamble and will.

Carole White, Lutheran Church Extension Fund vice president for Iowa West, shared the many blessings and projects made possible through LCEF.

**"Fan into Flame"**—A report was shared on the

synodwide effort to raise funds to support outreach locally and worldwide. To date, \$48.5 million has been raised to support various projects—including repairing a huge Lutheran church in St. Petersburg, Russia, which was returned by the Russian government; contributing to an eight-story China Lutheran seminary; providing a mission school in Buenos Aires, Argen-

tina; and funding the Matongo Lutheran Teachers College project in Kenya.

Iowa District West congregations were encouraged to participate in a *Fan into Flame* campaign in 2009.

For further information on the Iowa District West Convention, consider attending one of the regional convention follow-up events.

## Roster changes

### CALLED TO GLORY:

Rev. Paul H. Sohn—pastor emeritus at Ankeny, Iowa, called to glory June 19, 2009, in Des Moines, Iowa.

### CANDIDATES ORDAINED AND INSTALLED:

Rev. Philip Robarge—ordained June 14; installed July 12 as associate pastor of Gloria Dei, Urbandale.

Rev. Peter Jurchen—ordained June 21; installed June 28 as associate pastor of Hope, Des Moines.

## We congratulate

(September 2009)

### Birthdays

Sept. 10—Phyllis Auen, 90, Zion, Denison.

Sept. 13—Helen Berens, 90, St. John, Charter Oak.

Sept. 17—Loretta Lenz, 90, St. Paul, Sioux City.

Sept. 21—Evelyn Fredericks, 90, Zion, Denison.

### Anniversaries

Sept. 4—Marlin and Dorothy Seel, 60, Trinity, Cherokee.

Sept. 4—Harlan and Audrey Johnson, 60, St. Paul, Garner.

Sept. 6—LeRoy and Elaine Nemitz, 50, St. John, Charter Oak.

Sept. 20—Gene and Irene Crouch, 50, Zion, Ogden.

Sept. 28—Edward and Wilhelmina Edsen, 60, St. Paul, Ida Grove.

### Deadline for district news:

#### November issue: Sept. 15

Please send information to:

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